

DRIP SAUNAS – SAUNA VENT INSTALL GUIDE

OVERVIEW

Installed correctly, your sauna vent will improve airflow, even out heat, and protect your sauna from moisture damage.

VENT COMPONENTS

- Flange – connects to ducting and vapour barrier
- Mounting Plate – fixes vent to wall/ceiling
- Cedar Screw-In Vent – adjustable internal face

TOOLS & MATERIALS

- Drill
- Hole saw (100–105mm)
- Foil HVAC tape
- 100mm foil ducting (if required)
- Stainless screws (supplied)

INSTALL STEPS

1. MARK OUT – Confirm location and check for framing and electrical.
2. CUT OPENING – Drill 100–105mm hole through lining, substrate and foil barrier.
3. INSTALL FLANGE – Insert flange and tape directly to vapour barrier using foil tape. Fully seal.
4. DUCT CONNECTION – Connect 100mm foil ducting to flange. Tape all joints. Do not use plastic ducting.
5. MOUNTING PLATE – Fix plate flush using supplied screws.
6. CEDAR VENT – Screw into mounting plate and adjust as needed.

POSITIONING

- Intake: Low, near heater
- Exhaust: Opposite wall, under bench (~400mm from floor)
- Drying vent: High, near ceiling

TIP

Always seal the flange directly to the vapour barrier – this prevents moisture damage and ensures long-term performance.